

Pre Writing Readiness Tips

May have poor pencil grip and lack established hand dominance

Children are missing experiences that develop fine motor skills such as board games, coloring with crayons and tying shoes.

Multisensory manipulatives are helpful

Writing on a vertical surface (chalkboard, whiteboard) facilitates development of the wrist and hand and promotes shoulder strength.

Have the student write with their paper on a 3" 3-ring binder. The student writing on a slanted surface requires them to push harder on the surface.

Student who use palm/fist grasp need arches developed. Have students slice play dough "snakes" into small segments. The index finger should be placed on top of the blade of the knife to provide downward pressure during cutting.

To further refine hand skills, review the name of each finger as children move it in isolation. As a warm-up for writing, have children name each finger as they touch it to the thumb with their eyes open and then closed.